

OUR ACCOMPLISHMENTS



Partnered with prevention organizations regionally and statewide on the You Think You Know CT counterfeit drug and Let's #MentionPrevention vaping and marijuana campaigns

Collaborated with community partners to launch the Let's Talk Mental Health, Trumbull speaker series to highlight topics, information and resources around mental health

Worked with Youth Advocating for Youth to connect students to school, local, state and national mental health resources



Educated coalition members, local and state policy-makers, prevention professionals, and statewide youth-serving agencies on marijuana legislation

Continued school-based prevention efforts, including presentations to 7th grade health classes, 9th Grade Forum, and support for middle school Social Emotional Wellness Week and THS Inclusion Week

Identified and targeted prevention to youth most at-risk of substance misuse



Provided Narcan and suicide prevention trainings to coalition and community members, school nurses and key school personnel and offered community training in Youth Mental Health First Aid

HOW TO GET INVOLVED

To learn more about TPAUD and how you can become a coalition member or support our efforts please visit our website or contact us directly.

For more information about mental health and substance use resources, scan the code



CONTACT INFORMATION

TPAUD Trumbull's Prevention Partnership

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WHAT YOU CAN DO



Help your kids develop an exit strategy if they are feeling pressured to drink, vape, or use drugs.



Create a space and time when your child will feel comfortable talking to you if they are having a problem.



Be a role model to your child and consider the behavior you are modeling when it comes to alcohol, marijuana, and prescription medication.



Lock up any alcohol in your home. Most Trumbull kids who drink report getting it from their home (60%) or a friend's (57%).



Monitor what kids are going in your home or on your property. Trumbull youth report drinking at home (73%) or other homes (72%) most often.