



TPAUD Coalition Meeting

October 19th 8:00am

Trumbull EMS

Attendees: Gillian Anderson, Nina Chanana, Lily Cores, Krystina Dawson, Deirdre Ekholdt, Wynn Gadkar-Wilcox, Jen Gillis, Leigh Goodman, Lori Hayes-O'Brien, Sue Jacozzi, Scot Kerr, Cat Lamy, Chief Michael Lombardo, Melissa McGarry, Dennis McLaughlin, Julia McNamee, Dr. Cornelia Morris, Kiersten Naumann, Victoria O'Neill, Joanne Orenstein, Melissa Roberto, Zachary Rudich, Jessica Samuolis, Dr. Martin Semmel, Vicki Tesoro, Stephanie Vaughn, Lara Walden, Erin Wilkes

1. Introductions & Partner Updates
2. Reporting of Prevention Efforts
 - a. MS Live Your Best Life Week (for Red Ribbon Week) – TPAUD partnered with the middle school to provide grade-level appropriate refusal skills scenarios with a teacher script/lesson plan, and a video by YAY to be shown during Advisory (see YAY update below for details), as well as bracelets and mental health resource cards for all students and staff.
 - b. 9th Grade Forum - Scheduled for Nov. 9th. Coalition members are needed to assist with pre-event planning, folder stuffing, and on the night of the Forum – we will send a link to sign up in SignUpGenius.
 - c. Youth Advocating for Youth (YAY) Update: Last Thursday at the TCTV studio, YAY students filmed a positive social norming video to be shown to all middle school students during Live Your Best Life Week. The video highlighted the positive MS data from TPAUD's 2021 Student Survey and mental health resources available to MS students both in and out of school. Thank you to Lara Walden for filming and editing.
 - d. Drug Take Back Day – Saturday, 10/29 at the Trumbull Shopping Park (police substation door)
3. Member Spotlight – Melissa Roberto, Diversionary Services Coordinator for Trumbull: Melissa works under the umbrella of Trumbull's Youth Services Bureau to manage the Juvenile Review Board (JRB). The JRB is a diversionary program offered to youth who have committed minor delinquent acts, to keep them out of juvenile court. The focus is on strengthening community ties and on providing support for the offender through restorative justice.
4. Coalition Business
 - a. Meeting Format
 - b. TPAUD Word Cloud – Attendees received index cards to list words they associate with TPAUD. Responses will be used to make a word cloud for TPAUD t-shirts and other materials.
 - c. Community Data Collection – Nina Chanana will assist TPAUD with a Community Mental Health Survey, to discern knowledge of available resources and to assess community mental health needs.
 - d. Miscellaneous:

i. Current drug trends:

- Coalition members are reminded to promote YouThinkYouKnowCT.org, especially in light of the nationwide Adderall shortage.
- Fentanyl packaged to resemble candy – The New England High Intensity Drug Trafficking Area (HIDTA) stresses that this is a smuggling tactic, not a sales technique.
- Zyn nicotine pouches – gaining popularity with youth, labeled as tobacco free (but DO contain nicotine), available in kid-friendly flavors.

Upcoming Events:

- 10/24: Let's Talk Mental Health, Trumbull, "The Dangerous Truth About Today's Marijuana and Teen Mental Health" with Laura Stack
- 10/29: Drug Take Back Day at Trumbull Shopping Park 10-2
- 11/9: THS 9th Grade Forum

2022-23 Meetings – 11/16, 12/21, 1/18, 2/15, 3/15, 4/19, 5/19, June TBD