



TPAUD Coalition Meeting

November 20th, 2024 @ 8:00am

Hybrid (Trumbull EMS & Zoom)

Attendees (In-Person): Renny Affoumado, Wes Bartosik, Colin Bassett, Nina Chanana, Sam Cousins, Scott Duva, Deirdre Ekholdt, Jennifer Ellyson, Lori Hayes-O'Brien, Dave Johnson, Scot Kerr, Melissa McGarry, Dennis McLaughlin, Julia McNamee, Jordyn Nappi, Julia McNamee, Cornelia Morris, Jordyn Nappi, Kiersten Naumann, Melissa Roberto, Dave Rutigliano, Jessica Samuolis, Jason Stemmler, Vicki Tesoro, Will Testani, Lara Walden

Zoom: Gillian Anderson, Rosa Conte, Kim Foster, Sue Jacozzi

1. Introductions & Partner Updates

2. Coalition Strategic Planning for Prevention Across the Lifespan – who should be at the table? Coalition suggestions included:

- a. Early childhood (TECEC?)
- b. Seniors (Dawn Cantafio, Jennifer Gill)
- c. THS student(s)
- d. Human Services
- e. Library/library board
- f. Parks & Rec
- g. THS athletics (Mike King)
- h. CERT (Megan Murphy)

3. Community/Family Education:

- a. 9TH Grade Forum:
 - i. Received positive feedback, including:
 1. Because speakers with lived experience (Dr. Fearon, Jordan Davidson, Coleen Sheehy-Church) have ties to Trumbull/CT, their messages seemed very relevant
 2. Enjoyed the mix of live and taped speakers
 3. Improved sound and video quality in gym
 - ii. Suggestions for improvement:
 1. Add gambling piece
 2. Peer speakers emphasizing benefits of substance-free life (i.e. college athletes who don't use)
 3. Play video on loop as people arrive
 4. Tape off seats in back of auditorium
 5. Fill auditorium and use gym for overflow
 6. Encourage people to arrive by 6:30 to visit partner tables and so program can begin on time
- b. Liz Jorgensen – “Delay the Gray: Supporting Our Boys Through the Teenage Years”: On January 13th (7-8:30pm). Liz Jorgensen, owner and director of Insight Counseling in Ridgefield, CT, is a nationally recognized expert in adolescent and adult psychotherapy and counseling, particularly in engaging and motivating teens. Liz will address timely topics especially relevant to boys, and will help parents and guardians build skills to more effectively engage with boys and support

their mental wellbeing throughout their teen years. Registration for the online presentation is open at www.tpaud.org

4. Coalition Business

- a. Coalition Cannabis Grant Application – submitted 11/15, we should hear back from Catalyst CT The Hub in December. Application included regional prevention work with Monroe and Easton.
- b. CAPP Sector All Star Awards – Congratulations to Dennis McLaughlin & Tim Fedor, who will receive CAPP All Sector Awards at CAPP’s Annual Meeting on Dec. 6th!
- c. April Meeting Date – changed from April 16th to April 9th, so as not to coincide with Spring Break
- d. TPAUD Office Hours – TPAUD staff will offer standing zoom drop-in appointments
- e. Other:
 - i. Melissa was invited to speak with about 20 students of St. Joe’s Feelings First Club about the risks and harms of cannabis.
 - ii. Stacy Murphy invited TPAUD to present on cannabis to all TPS Support Staff during the November PD Day, and to attend training on the Columbia Suicide Severity Scaled Index at THS.

Upcoming Dates:

12/6 – CAPP Annual Awards

12/10 – My Friend Abby Community Project, THS 3-5

12/16 & 12/17 – TPAUD in Hillcrest 7th Grade Health Classes

1/10 – Tashua Elementary Family Wellness Game Night, 6-8pm

1/13 – “Delay the Gray: Supporting Our Boys Through the Teenage Years” with Liz Jorgensen, 7pm on Zoom

2024-25 Coalition Meeting Dates: December 18, January 15, February 19, March 19, April 9, May 21, June TBD