



### **TPAUD December Coalition Meeting**

December 18th at 8:00am  
Trumbull Police Department

Attendees: Brian Anderson, Nina Chanana, Tim Fedor, Leigh Goodman, Lori Hayes-O'Brien, Curt Kuliga, Michael Lombardo, Melissa McGarry, Cornelia Morris, Vivian Munoz, Brian Nash, Kiersten Naumann, Joanne Orenstein, Vinny Provenzano, Sam Reid, Jessica Samoulis, Lynn Steinbrick, Vicki Tesoro, Katie Vodola, Michael C. Ward, Margaret Watt

#### 1. Introductions

2. Update on Suicide Prevention Training at THS – Carolyn Butler was unable to attend due to Trumbull Public School's snow delay.

3. Introduction to CT's Regional Behavioral Health Action Organizations (RBHAO). What does a RBHAO do and how can they help Trumbull? – Margaret Watt

- The CT Department of Mental Health and Addiction Services (DMHAS) has divided the state into 5 regions. Each region is served by a RBHAO, to support local prevention coalitions and mental health/substance abuse providers, and to feed information from these organizations back up to the state. This structure promotes regionalization of efforts to maximize dollars. Trumbull is served by The Hub, which covers 14 communities in Southwest CT. The Hub is a division of the Regional Youth-Adult Social Action Partnership (RYASAP).

-The Hub defines their role as "a strategic partner and resource for the region, supporting and coordinating initiatives related to mental health, suicide, substance misuse, and problem gambling, and bridging between the region and state."

4. Overview of Progressive Institute's school-based work with youth – Curt Kuliga and Progressive Institute staff

-Brian Nash (Clinical Outreach Manager) leads the Progressive Institute's Recovery Coaching Program. The Recovery Coaching Program connects those in recovery with resources and provides peer support as individuals navigate life in recovery. Brian highlighted their partnership with youth through the Keystone Boys and Girls Club in Ridgefield, where they have offered a series of speaker programs, offered Narcan training for high school students, etc.

5. Plans for 2020 TPAUD Coalition Meetings: During an upcoming Coalition Meeting TPAUD plans to offer Prevention 101/SPF SIG training to coalition members, as well as a discussion about the evolution of the First Selectman's Task Force on Health & Wellness. In addition, based on coalition members' interest as indicated on member surveys, TPAUD will offer info./training about:

- mental health with a focus on youth
- social & emotional wellness
- emerging drug trends
- adolescent brain development
- suicide prevention

## 6. Other Coalition news

- Tim Fedor reported that in October, Trumbull Police issued a Social Host Citation to a Trumbull teen. Also, Trumbull's TipsLine software provider has been bought out and redesigned by Motorola. Trumbull Police IT Department is currently testing the redesigned version and plans to have it back up soon.

- Nina Chanana reported that middle and high school surveys are being entered into SurveyMonkey; she hopes to present data to the Coalition at the February coalition meeting.

- Lynn Steinbrick reported that all Trumbull nurses completed Youth Mental Health First Aid, and will complete either QPR or Talk Saves Lives training.

- Leigh Goodman reported that all EMT's in CT must complete Mental Health First Aid to be certified.

- Jessica Samoulis from Sacred Heart University reported that the university used a grant to change university policy to make campus tobacco free, pay for campus-wide signage, disseminate information to faculty and students, develop curricula infusion, develop and distribute "Quit Kits", collect data on student usage and attitudes, and certify select university staff as CT Tobacco Treatment Specialists.

2019-20 Meeting Dates – January 15<sup>th</sup>, February 12<sup>th</sup>, March 11<sup>th</sup>, April 8<sup>th</sup>, May 13<sup>th</sup>, June End of Year Celebration TBD

### Upcoming Events:

December 18<sup>th</sup>/19<sup>th</sup> – TPAUD presentation in HMS 7<sup>th</sup> grade health classes

January 2<sup>nd</sup> – Forum Review Meeting at 7pm

January 6<sup>th</sup>/7<sup>th</sup> – TPAUD presentation in MMS 7<sup>th</sup> grade health classes

January 16<sup>th</sup> – Juvenile Review Board meeting

January 31<sup>st</sup> – Talk Saves Lives "Train the Trainer" at 11:30

February 11<sup>th</sup> – Narcan training at 6:30 at Trumbull EMS